#### Legislative Brief



## Department of Health and Human Services

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### **Home Visiting Program**

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### **Background**

Home visiting is a service offered to support positive parenting, develop nurturing homes, and promote healthy child development through regular home visits by trained professionals. Families who are expecting or have children up to age five years old may voluntarily request these no-cost in-home services. The Nevada Home Visiting Program supports agencies and organizations providing home visiting services to pregnant women, mothers, fathers, and caregivers in the education of their young children to improve maternal and newborn health, improve school readiness, and to reduce child injuries, neglect, and abuse. Studies have confirmed the positive impacts of home visiting for children and families while yielding a \$3.00 - \$6.00 return on investment to federal, state, and local governments for every dollar spent.

Home visiting professionals help parents build strong bonds with their children while gaining skills to help their child develop at the best possible pace. Children whose families receive home visiting services experience better health and education outcomes over their lifetime. Parents who receive home visiting services are more likely to see an improvement in their education, show better income growth, are less likely to have interactions with Child Protective Services, and feel more confident about their parenting skills.

Home Visitors are specially trained professionals and paraprofessionals. Each model program provides training for their home visitors specific to the model fidelity. The Nevada Home Visiting Program supports and supplements the model training by providing professional development in the areas of domestic violence, breastfeeding support, maternal mental health, children's mental health, and many other topics.

The Nevada Home Visiting Program funds eleven (11) local programs in nine (9) at-risk counties. Please see the attached reference guide for more specific program information.

#### **Funding**

The Patient Protection and Affordable Care Act (ACA) of 2010 added Section 511 to Title V of the Social Security Act creating the Maternal, Infant, and Early Childhood Home Visiting Program, targeting highly at-risk families and communities, identified through a comprehensive needs assessment. Federal funding is provided through the Health Resources and Services Administration (HRSA) to states to implement evidence-based Home Visiting Program(s) serving the state's target populations.

#### **Demographics**

The Nevada Home Visiting Program has served 388 households in Nevada during the first half of Federal Fiscal Year 2018 (October 2017 – March 2018).

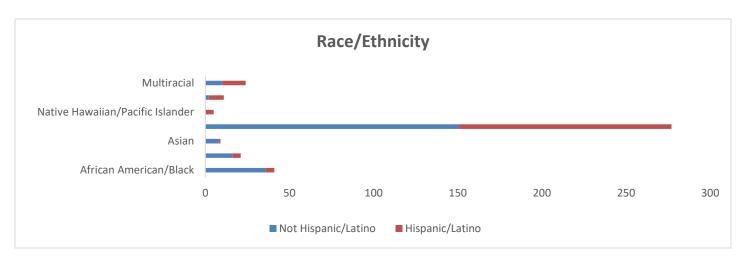
The following charts display the demographics of the families served.

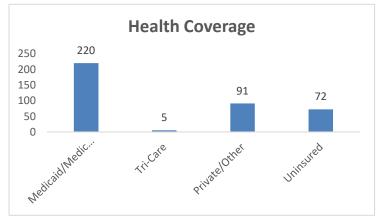


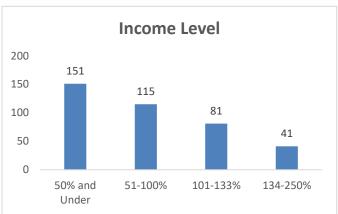
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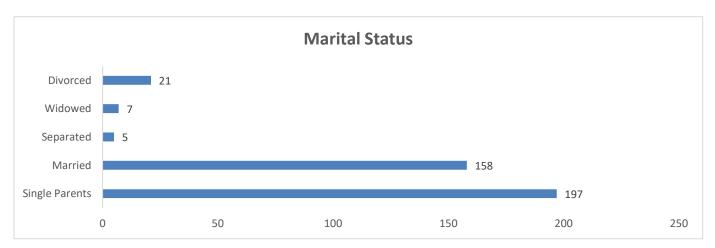
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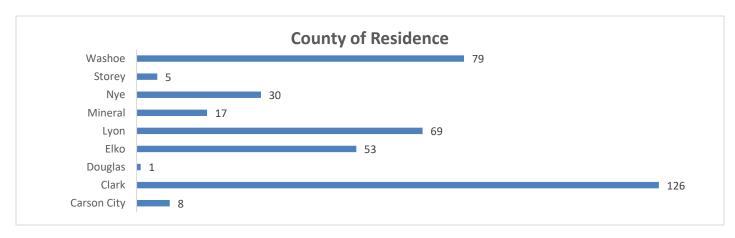


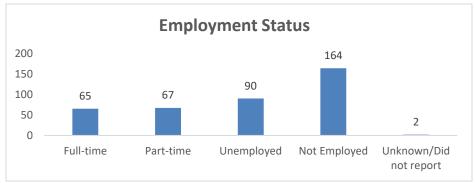




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The Nevada Home Visiting Program has implemented the following evidence-based home visiting models.

HV Model	HV structure/schedule			
Early Head Start-Home-based Option (EHS-HBO)	<ul> <li>One 90-minute home visit per week per family</li> <li>Up to 2 group socialization activities per month per family</li> <li>Head Start Program Performance Standards require that home visitors maintain an average caseload of 10-12 families (max 12 for any individual HV)</li> </ul>			
Home Instruction for Parents of Preschool Youngsters (HIPPY)	<ul> <li>One 60-minute home visit per week for 30 weeks a year</li> <li>2-hour group meetings monthly (or at least 6x per year)</li> <li>The caseload for a full time (40 hours) home visitor can be up to 25 children, rural areas have reduced caseloads to accommodate travel time</li> </ul>			
Nurse Family Partnership (NFP)	<ul> <li>1st home visit no later than end of 28th week of pregnancy for first time mothers only</li> <li>Weekly home visits for first month after enrollment, then every other week until baby is born</li> <li>Weekly visits for first 6 weeks after baby is born, then every other week until baby is 20 months</li> <li>Last 4 visits are monthly until child is 2 years old</li> <li>A full-time (40 hours) nurse home visitor carries a caseload of no more than 25 active clients</li> </ul>			
Parents as Teachers (PAT)	<ul><li>One 90-minute visit weekly</li><li>Group meeting at least once monthly</li><li>Full time caseload is ten families</li></ul>			

The table below shows the caseload breakdown of home visiting families.

Local Implementing Agency (LIA)	Area Served	Enrollee Capacity	Model	Ages served
Southern NV Health District	Las Vegas	50	NFP	Prenatal-2 years
UNR-Early Head Start	Washoe County	30	EHS-HBO	Prenatal-3 years
Head Start Northeastern NV	Elko County	20	EHS-HBO	
Sunrise Children's Foundation	Las Vegas	25	EHS-HBO	
	Las Vegas	25	HIPPY	3-5 years
The Children's Cabinet	Elko County	34	HIPPY	
	Washoe County	47	HIPPY	
Sunrise Children's Foundation	Nye County	20	HIPPY	
Community Chest, Inc.	Lyon, Storey, Mineral, Carson City	30	PAT	Prenatal to kindergarten entry
Lyon County Human Services	Lyon County	40	PAT	
Yerington Paiute Tribe	Campbell Ranch Reservation	15	PAT	
Total Enrollee Capacity for all agencies:		336		

### **Program Contact**

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http://dpbh.nv.gov/Programs/MIECHV/Nevada Home Visiting (MIECHV) - Home/